

El Hogar Community Services, Inc.

Internship Program

The mission of El Hogar is to provide services that contribute to the mental health and emotional well-being of individuals and families in the community.

El Hogar is an outpatient mental health agency serving adults in the Sacramento community who are experiencing severe and persistent mental illness. The agency has been designated by the County of Sacramento to provide mental health services to "target populations" – persons meeting specified psychiatric diagnoses.

El Hogar's Programs:

Regional Support Team

Guest House Homeless Clinic

Sierra Elder Wellness Program



El Hogar Community Services, Inc.

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Opportunities for Students

El Hogar Community Services Inc. offers opportunities for Graduate and Undergraduate Students, as well as Doctoral Students to participate in a rewarding and diverse field experience to satisfy a portion of their requirements for school or professional internship. Some of the levels of service and practice available to students are:

- Comprehensive Assessments
- Individual and Group Counseling/Therapy
- Rehabilitation Services
- Case Management
- Crisis Intervention
- Training and use of various assessment tools & scales
- Group &/or Individual Supervision
- On-Site Training
- Experience with diverse populations
- Field Based Services
- CBT Training

Specialized Populations

Students have the opportunity to gain training and education by assisting our consumers utilize the principals of the Recovery Model; by developing skills to become more self sufficient and to improve their quality of life. Currently, our target population includes:

- Chronic Homelessness
- Elderly
- Transitional Aged Youth
- Co-Occurring Disorders

Indirect Practice/Services

El Hogar can also provide training and supervision in administrative practices within Mental Health Community Programs. Some of these practices include:

- Administration
- Supervision
- Policy Development
- Community Organizing
- Planning
- Outcome Evaluation
- Advocacy
- Fiscal Management
- Proposal Writing
- Quality Management

