

SENIORLINK NEWSLETTER



Hello SeniorLink Participant's and Graduates!

We hope this new year had a great start for you. Below is a list of our current groups and facilitator's name. For any questions, comments or concerns, please feel free to contact our office at (916) 369-7872.

Day	Class	Facilitator
Monday	Spanish Speaking Social	Janette/ Edgar
Monday	Peer -to- Peer Support	Debra/ Karen
Tuesday	Bunco/Bingo	Edgar
Tuesday	Arts & Crafts (Belle Coledge)	Mimee
Wednesday	Arts & Crafts (Hagginwood)	Oleksandra
Thursday	Belly Dancing	Delphine
Thursday	Hmong Social Group	Yang