











August 2022

SeniorLink

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 10am-12pm BINGO South Natomas Community Center Facilitator: Linda 1pm-2:30pm Arts & Crafts Eskaton Jefferson Facilitator: Laura 	3	4 10am-12pm Hmong Social Group South Natomas Community Center Facilitator: Yang 	5 11am-12pm Grief Loss *Zoom Facilitator: Debra
8	9 10am-12pm BINGO South Natomas Community Center Facilitator: Candice 1pm-2:30pm Arts & Crafts Eskaton Jefferson Facilitator: Laura 	10	11 10am-12pm Hmong Social Group South Natomas Community Center Facilitator: Yang	12 11am-12pm Grief Loss *Zoom Facilitator: Debra 
15	16 10am-12pm BINGO South Natomas Community Center Facilitator: Candice 1pm-2:30pm Arts & Crafts Eskaton Jefferson Facilitator: Laura 	17 Celebrating August Birthdays 	18 10am-12pm Hmong Social Group South Natomas Community Center Facilitator: Yang 	19 11am-12pm Grief Loss *Zoom Facilitator: Debra
22	23 10am-12pm BINGO South Natomas Community Center Facilitator: Candice 1pm-2:30pm Arts & Crafts Eskaton Jefferson Facilitator: Laura 	24 11am-12:30pm SeaQuest 430 Palladio Pkwy #1801 Folsom, CA 95630 <u>RSVP - Wednesday, 17th</u>	25 10am-12pm Hmong Social Group South Natomas Community Center Facilitator: Yang	26 11am-12pm Grief Loss *Zoom Facilitator: Debra 
29	30 10am-12pm BINGO South Natomas Community Center Facilitator: Candice 1pm-2:30pm Arts & Crafts Eskaton Jefferson Facilitator: Laura 	31		

CLOSED SATURDAYS & SUNDAYS

Contact Information
Linda - 916.267.7219
Mimee - 916.417.8258
Yang - 916.764.2048
Laura - 916.764.1930
Sanisha - 916.261.6053
Candice - 916.267.4663

Group Location's
Eskaton Jefferson 5959 66th Avenue Sacramento, CA, 95823
South Natomas Community Center 2921 Truxel Road Sacramento, CA 95833
SeniorLink Zoom Meeting ID: 819 903 3211 Meeting Password: 705302 Zoom Call-in Phone Number: 1-669-900-6833

* Dates and times are subject to change, please call (916) 369-7872 or speak with your Advocate for the most up to date information.

Need to RSVP? Call SeniorLink office at 916.369.7872 or Facilitating Advocate.